Latuda

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1. Daisy says:

“Before Latuda, was having all of my emotions, all at the same time. This means that I was delighted and then bleak and then delighted again. I had so many emotions throughout each day that I never really knew how I actually felt about anything.

I was fabulous in each thing that I did, and this was why companies wanted to work with me. The problem was that having so many emotions all at the same time wasn’t just hard for me. It was also hard for my bosses. Eventually, they would always have to eliminate me, sometimes only after a few months.

I knew that I had bipolar, that I could only see the world as either black or white. I couldn’t see colors at all. In a lot of ways, this was easier, just thinking about the world in a ‘yes’ and ‘no’ way, but the problem is that there are colors. I just couldn’t see them.

When I was pumped, or ‘high,’ I was so delighted, but the problem was that I wasn’t using logic at all. I was thinking about things that weren’t going to happen and how marvelous my life was going to be. I did do the work to make these things happen, but I still believe that they should happen just because I believed in them. I wrote a novel, and I thought that I was going to get so much money so much that I would never have to work again. I thought about this so much, but I never gave this book to a publisher. I was in the high part of bipolar, where I thought about unbelievable things without actually doing the work to make these things happen.

Then, sometimes in the same day, I went from ecstatic into distress and discouragement. Sometimes I felt like I was nothing and would never be more than nothing, that my whole life meant nothing. When this happened, I didn’t know why I was alive or if I should keep living. I felt so stupid for believing that my novel would ever be read or loved by anybody in the world. It was so hard to live…

So I had bipolar, and I knew it, so why didn’t I change that? I was always the smartest student in school. I was always the smartest person in any company, and for some reason, I felt like without my bipolar, I wouldn’t be so brilliant. I thought that my intelligence and my bipolar were together for some reason. Again, I was not using logic and was instead using the worse emotions and giving them all of the power.

When I finally got the best work I have ever had as a copywriter, I was a writer for advertisements, and I loved it! I was creative all the time, but by bipolar was still there. You see, bipolar is there all the time, even when everything in your life is outstanding. After only six months in the best work I have ever done, I was discharged, and my boss was so happy when he told me that I wouldn’t be work with him anymore. He actually told me that I was irrational.

After that, I couldn’t get back to the “high” part of bipolar. I was griefing because I thought that I would never get this kind of work, ever again. I was suffering each day and for the whole day.

Then, one of my best friends, who also has bipolar, told me about Latuda. She told me that all of my thoughts about intelligence and bipolar being together were completely wrong. She told me that I could change my life if I want to. She would be there to make sure that everything would truly be better and that she would be there to show me and make sure that I am getting better.

Mary was right. Now, I have been working as a copywriter for the same company for almost two years, which is the longest I have ever been in any company. Having this pill hasn’t made me simple-minded. Now, I know that my brilliance isn’t about my bipolar. It is who I am, and nothing could ever change that. My focus is so much better as well because I do not have so many emotions at the same time. Now, I have the power over my emotions. My emotions work for me instead of giving my emotions all of the power. I have never loved myself and my life as much as have right now. So, thanks Latuda for everything, because without you, I might be emotionally foolish for the rest of my life. Even worse, I might have tried to kill myself. It is because of Latuda that I don’t have to worry about such things ever again!